

HORAIRES DES SEANCES

Période scolaire (zone A)

Aqua gym Aqua palmes

Aqua bike * Aqua training* (*sur réservation)

LUNDI

9 h 45 Aqua bikes
10 h 45 Aqua gym
12 h 30 Aqua training
16 h 15 Aqua séniors
18 h 30 Aqua training
19 h 30 Aqua palmes

MARDI

12 h 30 Aqua bikes
19 h 30 Aqua bikes

MERCREDI

12 h 30 Aqua palmes
19 h 30 Aqua gym

VENDREDI

16 h 00 Aqua bikes seniors
20 h 00 Aqua bikes

SAMEDI

10 h 15 Aqua bikes
11 h 15 Aqua gym

HORAIRES DES SEANCES

Période scolaire (zone A)

Aqua gym Aqua palmes

Aqua bike * Aqua training* (*sur réservation)

LUNDI

9 h 45 Aqua bikes
10 h 45 Aqua gym
12 h 30 Aqua training
16 h 15 Aqua séniors
18 h 30 Aqua training
19 h 30 Aqua palmes

MARDI

12 h 30 Aqua bikes
19 h 30 Aqua bikes

MERCREDI

12 h 30 Aqua palmes
19 h 30 Aqua gym

VENDREDI

16 h 00 Aqua bikes seniors
20 h 00 Aqua bikes

SAMEDI

10 h 15 Aqua bikes
11 h 15 Aqua gym

HORAIRES DES SEANCES

Période scolaire (zone A)

Aqua gym Aqua palmes

Aqua bike * Aqua training* (*sur réservation)

LUNDI

9 h 45 Aqua bikes
10 h 45 Aqua gym
12 h 30 Aqua training
16 h 15 Aqua séniors
18 h 30 Aqua training
19 h 30 Aqua palmes

MARDI

12 h 30 Aqua bikes
19 h 30 Aqua bikes

MERCREDI

12 h 30 Aqua gym
19 h 30 Aqua gym

VENDREDI

16 h 00 Aqua bikes seniors
20 h 00 Aqua bikes

SAMEDI

10 h 15 Aqua bikes
11 h 15 Aqua gym

HORAIRES DES SEANCES

Période Vacances (zone A)

Aqua gym Aqua palmes

Aqua bike * Aqua training* (*sur réservation)

LUNDI

18 h 30 Aqua training

19 h 30 Aqua palmes

MARDI

12 h 30 Aqua bikes

19 h 30 Aqua bikes

MERCREDI

19 h 30 Aqua gym

VENDREDI

20 h 00 Aqua bikes

SAMEDI

10 h 15 Aqua bikes

11 h 15 Aqua gym

HORAIRES DES SEANCES

Période Vacances (zone A)

Aqua gym Aqua palmes

Aqua bike * Aqua training* (*sur réservation)

LUNDI

18 h 30 Aqua training

19 h 30 Aqua palmes

MARDI

12 h 30 Aqua bikes

19 h 30 Aqua bikes

MERCREDI

19 h 30 Aqua gym

VENDREDI

20 h 00 Aqua bikes

SAMEDI

10 h 15 Aqua bikes

11 h 15 Aqua gym

HORAIRES DES SEANCES

Période Vacances (zone A)

Aqua gym Aqua palmes

Aqua bike * Aqua training* (*sur réservation)

LUNDI

18 h 30 Aqua training

19 h 30 Aqua palmes

MARDI

12 h 30 Aqua bikes

19 h 30 Aqua bikes

MERCREDI

19 h 30 Aqua gym

VENDREDI

20 h 00 Aqua bikes

SAMEDI

10 h 15 Aqua bikes

11 h 15 Aqua gym